



# Meet and Greet Launceston



**When: 10am – 12noon**  
**Friday 2 November**

**Where: Maggie's Café**  
**34 Paterson St**  
**Launceston**

Our Guest Speaker will be Glenda Daly. Glenda is a COTA Board Member and will be sharing her personal story of how she came to be passionate about ageing and why she truly believes that *'Ageing in Australia is a time of possibility, opportunity and influence'*.

RSVP to COTA TAS on 6231 3265 or email [admin@cotatas.org.au](mailto:admin@cotatas.org.au) by Wed 31 October.

**COTA**   
T A S M A N I A  
for older Australians