

Housing

AAA Housing for Older Australians, COTA Australia:

www.cota.org.au/australia/Achieving/national-policy-forum-powerpoint-presentations.aspx

This resource provides the presentations by speakers as part of COTA Australia's 2017 National Policy Forum. These presentations provide details about current housing issues for older people in affordability, accessibility and appropriate housing. A useful summary document is provided for an overview of the issues raised and addressed.

AARP Livable Communities: Housing: www.aarp.org/livable-communities/housing/

AARP presents a range of American and international information, resources, articles and case studies around housing in liveable communities. This includes housing design and co-housing opportunities. Some examples include articles about a high school that includes a senior centre (www.aarp.org/livable-communities/livable-in-action/info-2017/how-why-to-create-a-shared-space-solution.html) and independent living residences that provide discounted rent to university students (www.aarp.org/livable-communities/network-age-friendly-communities/info-2015/domain-3-intergenerational-housing-lyon-france.html).

AARP Public Policy Institute: Strategies to Meet the Housing Needs of Older

Adults: <https://assets.aarp.org/rgcenter/ppi/liv-com/i38-strategies.pdf>

This document provides an overview of some of the housing issues that older people face, and makes some recommendations about overcoming these. Though the focus is on America, recommendations in this paper could be transferred into an Australian context.

Ageing and homelessness: solutions to a growing problem, *Mission Australia*;

<https://www.missionaustralia.com.au/news-blog/news-media/mission-australia-report-shows-homelessness-is-a-growing-concern-for-older-australians>

This report presents the current issues that are increasing the risk of older Australians being pushed into homelessness. It explains gender and culturally specific challenges to keeping people in appropriate housing as they age. Mission Australia is calling for all levels of government to take a stand to reduce homelessness and details some possible solutions to do this, as well as current initiatives and case studies.

Aging in place in small urban and rural communities, *U.S. Department of*

Transportation: <http://www.ugpti.org/resources/reports/downloads/suric17-006.pdf>

Though results were modelled off U.S. towns, this report highlights important financial and emotional factors in enabling people to age in place and can translate to Australian communities. Policy to improve available and accessible public transport is noted as a particularly important component of supporting people to age in their own homes.

Home Fit Guide, *AARP*: [www.aarp.org/content/dam/aarp/livable-](http://www.aarp.org/content/dam/aarp/livable-communities/documents-2015/HomeFit2015/AARP%20HomeFit%20Guide%202015.pdf)

[communities/documents-2015/HomeFit2015/AARP%20HomeFit%20Guide%202015.pdf](http://www.aarp.org/content/dam/aarp/livable-communities/documents-2015/HomeFit2015/AARP%20HomeFit%20Guide%202015.pdf)

The Home Fit Guide provides both DIY and skilled expertise ways to modify homes and make them more liveable for people of all ages. The guide is complete with diagrams that guide changes through all rooms of the house, changes that could suit people with specific needs and substitutions to make living at home easier.

Home Fit Worksheets, *AARP*: www.aarp.org/livable-communities/info-2014/home-fit-resources-worksheets.html

The Home Fit worksheets provide a strong base to build on information in the Home Fit Guide. They include checklists for assessing your home and rooms, advice on things people can do themselves and what they shouldn't, tips to hiring a contractor, and a home maintenance schedule.

Housing Decisions of Older Australians, *Productivity Commission:*

www.pc.gov.au/research/completed/housing-decisions-older-australians

This report presents statistics, issues and choices that older Australians face with regard to housing. It also explores Australian policies that affect housing for older Australians and how these can affect people's housing choices as they age.

Housing for older people globally: What are best practices? (*Ferreira, M.*):

http://www.ilc-alliance.org/index.php/reports/report_details/housing_for_older_people_globally_what_are_the_best_practices_an_ilc_global

This discussion paper describes international examples in housing innovations for older people. It collates findings from 10 countries to determine where older people live, analyse different policies for providing adequate housing for older people and report on best practice.

Innovation@Home, *Grantmakers in Aging:* <https://globenewswire.com/news-release/2018/10/29/1638497/0/en/THREE-AGE-FRIENDLY-HOUSING-MODELS-SHARE-TOP-PRIZE-IN-INTERNATIONAL-CONTEST-CO-SPONSORED-BY-GRANTMAKERS-IN-AGING-AND-THE-WORLD-HEALTH-ORGANIZATION.html>

Innovation@Home is a contest to identify the best programs in the world to demonstrate how age-friendly housing can support ageing in the community. Three program winners were selected from Portugal, the USA and Spain, and the description and ideas behind each program are explained on this website.

Livable Housing Design Guidelines, *Livable Housing Australia:* www.dss.gov.au/our-responsibilities/disability-and-carers/program-services/government-international/national-disability-strategy-initiatives/livable-housing-design/livable-housing-design-guidelines

This document details guidelines for universal housing design for people at every life stage. They explain a range of key living features at silver (basic requirements), gold and platinum (best practice) levels.



LIVEABLE | Toolkit COMMUNITIES

Roadmap to Livability: Housing Workbook, AARP: <https://www.aarp.org/livable-communities/tool-kits-resources/info-2017/roadmap-to-livability-collection.html>

The Housing Workbook is the third workbook in AARP's Roadmap to Livability series. It provides tools and worksheets to help engage a community in the development and implementation of an action plan for becoming a better place for people of all ages to live, work and play.