Being able to walk safely and comfortably in your neighbourhood encourages physical activity, social interaction with your neighbours and community safety.

Start with a small walking route—maybe just a few blocks from your house to a walking track or shopping area.

Assessing your community's walkability is easy. Just work out your route, grab a friend and this postcard, or COTA's full Walkability Audit, and get walking!

Once you've taken note of things in your community that need improving, contact your local council to let them know.

For the full Walkability Audit or more information, visit www.cotatas.org.au/programs/liveable_communities, or contact COTA Tasmania on 6231 3265 or admin@cotatas.org.au.

Route:	Date:		
Streets are safe to cross		Yes	No
Pedestrian signals give good time to cross the road		Yes	No
Ramps connect the footpath to the road		Yes	No
Warning bumps are present at the end of footpaths		Yes	No
Footpaths are even, undamaged, and continuous		Yes	No
Obstructions (trees, poles) do not block the path or view of traffic		Yes	
Drivers are safe, focused, and courteous		Yes	
There are benches and places to rest		Yes	
Landscaping is present and well maintained		Yes	No
You feel safe walking this route		Yes	No
Score (Yes=1, No=0) 0-2: Not walkable 3-5: Not easily walka 6-8: Somewhat walk 9-10: Is walkable	able	ions:	
Overall rating E	xcellent Good G	Fair 🗌	Poor

How 'walkable' is your neighbourhood?

Walkable streets are



Walkability is more than being able to walk.

It's about being able to get around your community.

It means that everyone, **regardless of their physical ability or life stage**, is able to move in their own community, and between other communities.



