



# Elder Relationship Services

## Supporting and Caring for our Elders

The one constant in life is change. At Relationships Australia Tasmania our Elder Relationship Service allows for families to come together to discuss and resolve the often complex changes and challenges, related to ageing. The Elder Relationship Service is a Mediation and Counselling support service which provides a safe, respectful and listening environment, where families can discuss important life decisions such as where to live, medical care, property and financial matters. Mediation or Counselling can assist you with:

- Medical care decisions
- Having difficult conversations
- Transferring property
- Financial matters
- Moving to shared or residential aged care

You can attend the service on your own, with your partner, as a family, or your Adult Children can come by themselves.

Attending the Elder Relationship Service is voluntary and confidential. The decisions you make are not legally binding. If you would like to put your agreements in writing, your practitioner can assist you with this.

## What is Elder Mediation?

Elder Mediation is a process facilitated by professional Elder Mediators which aims to assist older people, their families and significant others with difficult conversations. Mediation can help families to make plans and resolve disagreements. The focus of Elder Mediation is to ensure that outcomes respect the rights and enhance the safety of older people.

## What is Elder Counselling?

Elder counselling provides you with the support to address and navigate issues such as; the impact of elder abuse, grief and loss, loneliness, entering retirement, caring for a disabled partner or child, reconciliation with family members.

## Our staff

Our counsellors and mediators have professional qualifications and experience in social work, psychology, mediation, law and/or counselling. They have been trained in elder mediation and counselling.

Staff providing Elder Relationship Services receive professional supervision and on-going training.

## How much does Elder Relationship Services Cost?

Elder Relationship Services clients pay a flat fee that is reduced for concession card holders. First session \$40 or \$20 concession Sessions \$60 or \$30 concession

## Where is it available?

Elder mediation and counselling services are offered in a number of Relationships Australia Tasmania centres.

Contact us on 1300 364 277 to find your nearest centre.

## Make an appointment

You do not need a referral to use these services. Waiting times for an appointment vary according to the current demand for our services and your availability.

To make an appointment call **1300 364 277**.

For more information see the RA Tas [website](#)