

ANNUAL REPORT **2017** **2018**





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OUR MISSION

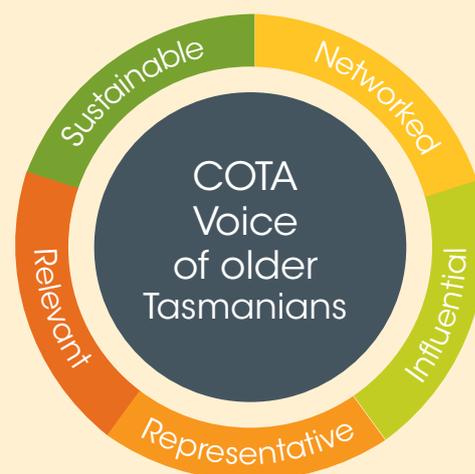
We advance the rights, interests and futures of Australians as we age.

OUR VISION

Ageing in Australia is a time of possibility, opportunity and influence.

OUR VALUES

- Respect
- Diversity
- Collaboration
- Integrity



ABOUT COTA

WHO WE ARE

COTA Tasmania is a small, not-for-profit organisation made up of a team of staff and volunteers who are passionate about advancing the rights and interests of Tasmanians as they age, particularly those aged over 50 years.

As the peak body representing older Tasmanians, we stand beside our community, listen to their concerns and work to ensure that their rights are upheld. We promote a positive view of ageing and challenge age stereotypes, foster inclusion and participation, and support independence and choice.

COTA Tasmania is part of the COTA network that is represented in every Australian state and territory and at a federal level through COTA Australia.

WHAT WE DO

Advocacy

For all older Australians, particularly the vulnerable and disadvantaged.

Education

Our volunteer peer educators deliver free information sessions across the state, including remote and rural areas.

Policy

Contributing to discussions at the highest level of government both locally and nationally.

Consultation

Seeking out and listening to the concerns of older Tasmanians from diverse backgrounds.

Events

Delivering Seniors Week, World Elder Abuse Awareness Day, and year round workshops and events that benefit older Tasmanians.

STRATEGIC PLAN

Strategic goals

- 1 We are well known and valued**
- 2 We will connect with, listen to and learn from our community**
- 3 When we speak, people listen**
- 4 We are effective and enduring in all we do**
- 5 We attract, value and retain passionate people**

For further information about our strategic plan please see our website www.cotatas.org.au.

COTA Tasmania gratefully acknowledges funding support from:



Funded by the Australian Government Department of Health. Visit www.health.gov.au for more information. We are also supported by Primary Health Tasmania under the Australian Government's Primary Health Networks Program.



When we speak,
people listen.

28 articles in 3 publications
covering a range of topics
including housing, energy,
workers compensation, elder
abuse and ageism.



OUR PEOPLE



SUE LEITCH, CHIEF EXECUTIVE OFFICER

It is difficult to reflect on the year past when you are focussing strongly on setting strategic direction for the next few years, but I will take some time to look back on what a year it has been for the organisation. In short, it is a tale of many hours of hard work by team COTA, often unpaid work, yet all vital to ensure that we are strong to continue to allow older people's voices to be heard when they are needed to be heard.

Areas of policy focus were dominated by the unique window that is "election mode" where we can back up our conversations held over time and have an engaged and captive audience standing for election. We had conversations across all parties and with individual candidates that will be ongoing, to ensure that the older persons "lens" could be used to provide insight into issues about housing, energy, digital connection and elder abuse to name just a few.

Many of our issues are much the same as they have always been, social isolation, ageism, loneliness and housing are consistent "frequent flyers" in our policy debates. New emerging areas of policy input include; suicide prevention for older adults and energy reform.

As CEO it is impossible for me to try and cover all these bases, and I am eternally grateful for the support from within the office support team and from our volunteers, to not only understand the policy issues, but also to interpret best practice in how to tackle these "wicked problems" together and provide considered input into how we can best influence positive change for the better for older Tasmanians.

My heart-felt thanks to Deb Lewis for her support that allowed me to have some time in other parts of the world this year.



PHILIPPA ROBERTS, PRESIDENT

COTA TAS has celebrated another busy year. I sincerely thank all staff, who work so hard behind the scenes and volunteers in whatever capacity, for their dedication and contribution to our wide-ranging advocacy. One outstanding example of COTA's success and a highlight for me this year, has been the increased awareness of the issue of elder abuse, at both national and state level, not only within the community but also by governments.

I was privileged to represent COTA at the inaugural Launceston Walk Against Elder Abuse in June and it was wonderful to see how participation in the walk has increased since its inception in Hobart in 2015.

Other areas of advocacy for COTA this year include the monthly provision of free legal advice for older Tasmanians, increased lobbying for amendments to the Workers Compensation Act to cater for workers over 65, and an exploratory paper on Universal Basic Incomes, initiated by our Vice President, John Pauley, to name but a few. Financially too, we are in a better place than this time last year.

None of these would be possible without the drive and hard work of our COTA family. Many thanks to our CEO, Sue Leitch, who goes beyond the call of duty in going in to bat every single day for Tasmanians as they age, to our Operations Manager, Deb Lewis, who acted as CEO while Sue was on long service leave, and to my fellow directors for their goodwill and support.



RITA MEANEY, TREASURER

Our final result for the financial year ending 30 June 2018 is an improvement on the previous year of almost \$33,000. I speak only of dollars. Others will tell you of the increase in our services, the increase in people with whom we interact and those who benefit from our advocacy and programs. It is clearly understood that this is the measure of our work but the finances are what makes the work able to be undertaken.

Our Board and staff worked exceptionally hard to demonstrate to our major funding bodies of the need for additional funding to enable the team to continue our work. There were factors that worked in our favour, not the least of which was the election early in the year. We were also given a good hearing by the major parties and for this were very grateful.

The outcome was an addition to funding of \$33,000. Unfortunately, we did not receive an undertaking of indexation to our funding at this time. As is proper we were required to report on the use of these funds to achieve identified strategic outcomes. It is here, as well as in their skill, dedication and energy that our staff demonstrate their value to our organisation and to our community. We welcomed the later announcement of indexation and increased base funding for some of our grants from the Tasmanian Government.

COTA Tas contributes significantly to the work of COTA Australia. It represents our constituency within the advocacy community within Tasmania. Our CEO is sought for comments as a reliable source by the media. We will continue to progress our work in every way that we can. I ask for the assistance of each of you in this. Suggest membership to friends and family. It will reward all involved and it is a way to assist in the work to be done. A real reward in and of itself. At the same time, we too are able to benefit from the work being done.

My most sincere thanks to all with whom I have the honour to work. The Board, the staff and the volunteers work at a level and contribute in a manner that is amazing. It is an honour to be associated with them. My thanks too, to you the members that have given me this opportunity.

We are well known
and valued.



An estimated 10,000 people
attended 606 Seniors Week
events held in 75 locations
across Tasmania.

BOARD OF DIRECTORS (as elected on Wednesday 15 November 2017)

PHILIPPA ROBERTS

President

Executive Committee
FARM* Committee
MC** Committee

• 6 of 6

JOHN PAULEY

Vice President

COTA Australia Director
Tas Policy Council Chair
Executive Committee
FARM* Committee

• 6 of 6

RITA MEANEY

Treasurer

FARM* Committee
Executive Committee

• 5 of 6

BRIGID WILKINSON

Minute Secretary

Executive Committee
MC** Committee

• 6 of 6

PETA COOK

Tas Policy Council

• 5 of 6

JULIA CURTIS

SAT*** Alliance Chair

• 3 of 6

GLENDA DALY

Tas Policy Council

• 6 of 6

PETER MALONEY

FARM* Committee

• 2 of 6

MARY DUNIAM

• 0 of 0

Resigned Apr 2018

SUANNE LAWRENCE

(Jul to Nov 2017)

Tas Policy Council

• 0 of 0

MIKE WALPOLE

(Jul to Nov 2017)

• 1 of 1

KEY

* Finance, Audit and Risk
Management

** Marketing and
Communications

*** Seniors Alliance Tasmania

• Number of Board
meetings attended in
2017/2018 financial year



STAFF

DEB LEWIS
Operations Manager
Senior Policy Officer

NATALIE LO
Administration & Finance
Officer

STAN BORDEAUX
Project Officer
Peer Education
Jul 2017 – Dec 2017

ROSALIND HERBERT
Project Officer
Active Ageing

SOULA HOUNDALAS
Project Officer
Aged Care Know How

LYN MCGAURR
Project Officer
Elder Abuse Prevention

LYNA NADJ
Project Officer
Workforce Development

DAVID ROSE
Project Officer
Communications
& Seniors Week

KEREE ROSE
Project Officer
Seniors Week Support
Peer Education
Dec 2017 – current



VOLUNTEERS

Tas Policy Council

PETA COOK
GLENDA DALY
IAN FLETCHER
ALWYN FRIEDERSDORFF
DAVID HENTY
NGAIRE HOBBS
KIMBRA PARKER
JOHN PAULEY (CHAIR)
PHILIPPA ROBERTS
MARY SHARPE

Peer Educators

South
RHONDA CLARIDGE
BARRY HEATHER
MARTIN MODINGER
PETER ORPIN
MAUREEN RUDGE
JEAN WALKER
SUSAN WALTER

North
DAVID HENTY
MARION CASSIDY
MICHAEL CASSIDY

Aged Care Know How Peer Support

JILL BURBURY
DENNIS EDWARDS
JUDY KILE
BARBIE RAE
MARY SHARPE
PAUL TURVEY

Administration and Project Support Roles

JILLIAN ARMSTRONG
IAN FLETCHER
ANNETTE HORSLER

EVENTS AND HIGHLIGHTS

ANNUAL GENERAL MEETING 2017

After the unfortunate withdrawal of our guest speaker we were forced to think on our feet. We posed the question – *What's in a number? As a community how do we tackle ageism?* And were fortunate to pull together a fantastic guest panel consisting of Senior Lecturer of Sociology, Dr Peta Cook, Leader of the Tasmanian Greens Cassy O'Connor MP, Labor Member for Denison, Madeleine Ogilvie MP and COTA TAS CEO Sue Leitch. Under the guidance of our moderator, John Pauley, our panel discussed ageism in society, becoming invisible and ageism as a human rights issue.

With five vacancies on our Board we welcomed new Directors Peta Cook and Mary Duniam and re-elected Directors Julia Curtis, Rita Meaney and John Pauley. Philippa Roberts was voted to continue as President with John Pauley nominated for Vice President.

SENIORS WEEK 2017

Seniors Week was yet again a great success with the mostly kind weather helping to attract a record 10,000 patrons to the 606 events (also a record) held in 75 locations around Tasmania.

In keeping with this year's over-arching theme of "getting outdoors", COTA Tasmania partnered with the State Government's Parks & Wildlife Service to officially launch Seniors Week to public and media at Mt Field National Park.

The guided walks to the Falls were very popular with many of the 200 launch guests who came on chartered buses to the park for the special event. In addition to the interpretive walks, patrons enjoyed internal and external interactive displays and musical performances including a special concert from the internationally renowned indigenous entertainer Dewayne Everettsmith.

The fine weather prevailed for the majority of Seniors Week in mid-October, allowing older Tasmanians to enjoy lots of outdoor activities.

In the north-west town of Latrobe barista Brian Wilson returned with his popular barista courses while further along the north-west coast, people enjoyed touring the stunning Wynyard hinterland by bicycle. Seekers founder Keith Potger entertained locals at several concerts in the south of the state, while several vocal ensembles of various sizes and genres performed to enthusiastic audiences. This year's Army Band concert in Hobart was a much smaller (but still booked-out!) affair.

As always, the many and various "how-to" and information sessions, especially around new technologies, were very popular.

COTA thanks its program advertisers and our major sponsors, TasNetworks, Community Based Support, *The Senior* newspaper, Metro Tasmania and Tasmania Parks and Wildlife service for their invaluable support.



A record
10,000
patrons.



PIECING IT-TOGETHER

In January 2018 COTA TAS ventured into the unknown with our first inter-generational street art project, Piecing It-Together. With renowned Tasmanian artist Jamin on board to lead the project, we set about recruiting older and younger people to participate in our six day workshop.

Thankfully the Tasmanian weather held out and the group were able to complete a 30 metre mural in Ryde St, North

Hobart, an iconic sporting area and home of the North Hobart Football Club, one of the oldest football clubs in the country. Ranging in age from 12 to 72 years and coming from diverse backgrounds, the participants worked together encouraging and learning from each other.

In a society that is becoming increasingly age-segregated it was both refreshing and inspiring to watch

relationships form. Building intergenerational bridges is a great step towards creating a more tolerant society.

The project was funded by a Creative Grant from the City of Hobart. We would also like to acknowledge the support of the North Hobart Football Club, The Friends' School and Derwent City Bowls Club and our volunteer film crew George Goodluck and Lucy East.

'My grandchildren
live in the UK...
I enjoyed having
the opportunity to
be around young
people.'



WORLD ELDER ABUSE AWARENESS DAY 2018

Concerned citizens of all ages rallied in Hobart and Launceston on 15 June in COTA Tasmania's annual Walks Against Elder Abuse. Students from Z Clubs at Ogilvie and Kingston High Schools swelled the ranks of the Hobart walk, driving home the message that there is no excuse for the ageism that fuels neglect and exploitation.

Ogilvie student Madeline Adams marched with her grandmother Christine Tilyard, celebrating the strength of their own relationship but explaining that the abuse of older people is often hidden by isolation, shame and fear.

Kingston students raised everyone's spirits by singing a song of protest as they marched, drawing praise from the Lord Mayor Alderman Ron Christie, who helped lead the Hobart walk.

The inaugural Launceston walk, led by Mayor Albert van Zetten and COTA Tasmania President Philippa Roberts, was a resounding success. In Hobart, dietitian Ngaire Hobbins gave a passionate speech about the need to ensure older people receive tasty and nutritious food, so that

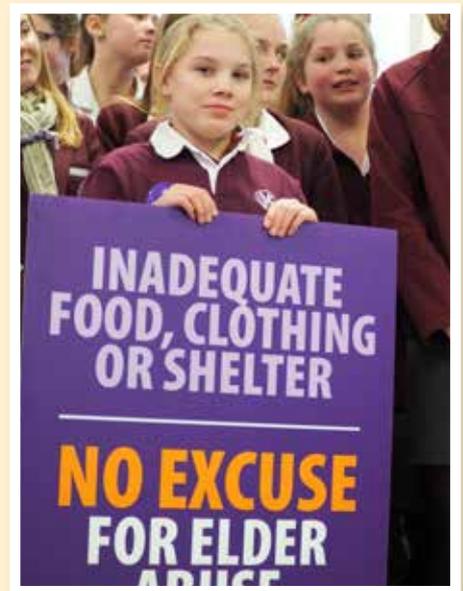
a poor diet does not become a form of elder abuse by neglect.

The gatherings in both cities were all the more impressive because so many walkers carried banners or decked themselves out in purple, the colour of World Elder Abuse Awareness Day.

This year's walks were supported by the Tasmanian Government, the City of Launceston, the City of Hobart, and Mathers Place.



Kingston students sang a song of protest as they marched.



**We see you.
We value you.**

60 isn't a use-by date.




#RethinkAgeing

AGE FRIENDLY BUSINESS

COTA has heard far too many stories about older Tasmanians being ignored or patronised by businesses and services because of their age, so we set out to change perceptions of older customers through our existing *#RethinkAgeing* campaign.

The newest series in the campaign features images of older Tasmanians as valued and respected customers, and the businesses that work hard to look after them – in this series: Hill St, Mitre 10 and Basket & Green.

The imagery has been positively received by everyone involved and will be used as part of our upcoming Age-Friendly Business initiatives along with COTA's Age-Friendly Business Toolkit.

Older customers are friendly.



Every time Peter goes through the door at Hill Street, everyone's smiling. He's a regular customer and his knowledge of the products is everyone's secret.



Older customers are engaging.



John really makes me think about things and adds a new perspective. I feel like I learn a lot from him.

LILY, BASKET & GREEN CAFÉ



#RethinkAgeing

Older customers are loyal.



Like Sue, older people tend to be loyal customers and we learn from them. They have lots of knowledge.

SHARON, MITRE 10



#RethinkAgeing

We set out to change perceptions of older customers.



AGED CARE KNOW HOW

After a year in development, Aged Care Know How came of age launching in southern Tasmania. Aged Care Know How is focussed on supporting people's choice to age at home by providing step by step information; giving people the "know how" to navigate the aged care system. Through this program we assist older Tasmanians, their families and friends who find it difficult to get the information they need online.

We support people in small groups, also offering individualised support, explaining how

the system works, sharing tips about their options, their obligations and describing the journey ahead. Importantly, we support and advocate for people who are "vulnerable" or feel "powerless" in the system.

Aged Care Know How points people in the right direction no matter what stage of the My Aged Care journey they find themselves at.

We come to understand the barriers which we report on, while pointing people to well-trodden pathways, helping them to maintain independence

We support and advocate for people who are "vulnerable" or feel "powerless" in the system.

at home. This method of connecting with community, creating trust, distributing the help sheets and enabling conversation has given many people the confidence to call My Aged Care.

We look forward to expanding this program to other parts of the state in the coming months.



Older customers told us they felt 'invisible'; we listened and worked with local businesses to develop a suite of Age-Friendly Business material promoting positive attitudes towards older people.

We connect with, listen to and learn from our community.

PROGRAMS AND PROJECTS

POLICY, CONSULTATION AND ADVOCACY

The COTA Tasmania Policy Council made up of board and community representatives has been very active over the year contributing to a wide range of consultation processes and driving change through advocacy.

- COTA's State Budget Submission 2018/19 highlighted priorities including elder abuse prevention initiatives, workers compensation reform for the over 65 cohort, more affordable housing options for those in the private rental market, initiatives to address ageism and ongoing support to foster liveable, all-age friendly communities in our state.
- Reform of the provisions of the Workers Rehabilitation and Compensation Act relating to workers 65 years and over has been an ongoing focus of advocacy for COTA. While some amendments were made to the Act during the year, COTA continues to strongly express our view that the Act should be age agnostic and not discriminate against older workers.
- The Review of the Guardianship and Administration Act 1995 this year provided an opportunity to raise issues in respect of definitions of capacity and best interest, Advance Care Directives, the need for education in the duties of administrators and guardians and the rights of those who are the subject of enduring instruments.
- The state election in March also provided COTA with an opportunity to engage with candidates on issues of importance to older Tasmanians. The responses to our candidate questionnaire were published on our website and will enable us to work more closely with elected members in the coming years.



PEER EDUCATION

Wake Up: Home Fire Safety

Funding Partner:
Tasmania Fire Service

For the fourth consecutive year, COTA Tasmania, in partnership with the Tasmania Fire Service, delivered its popular home fire safety program. Tasmania has one of the highest fire fatality rates per capita in Australia, with the elderly over represented in these statistics. *Wake Up* aims to raise awareness of simple things you can do around the home to minimise your risk.

- Seven trained volunteer peer educators located in the south and north of the state.
- Fifteen sessions delivered to 226 participants.
- The majority of participants were older women living in their own homes.

- 91% of participants reported that they had learned something new from the sessions.
- 92% of respondents reported that they had checked that their smoke alarm was in good working order following the session.

"I have now decluttered the house and will keep pathways clear"

"I now don't dry my clothes near the heater"

"I have given the booklet to my daughter....I am also going to share it with my elderly neighbour"

Eat for Life

Based on information from dietitian Ngaire Hobbin's book, *Eat to Cheat Ageing*; *Eat for Life* explores what healthy eating means for older adults and highlights how our nutritional needs change as we get older.

Under-nutrition is common among elderly Australians living in the community

and at least 50% of people over the age of 80 have some form of malnutrition

- Peer Educator training and refresher courses conducted in December 2017.
- Sixteen information sessions were delivered to 263 people. Eleven sessions in the south and five sessions in the north of the state. Organisations included day centres, Neighbourhood Houses, Probus Clubs, Adult Education and other social, fellowship and health groups.
- Feedback from sessions was very positive and indicated an increased understanding of the key messages of the program.

You're Worth It

Funding Partner:
Department of Health
and Human Services

The You're Worth It topics address issues associated with financial elder abuse. This year there were two Peer Education topics included in the You're Worth It Program.

- Protect Yourself from Financial Abuse
- Protect Your Finances

Protect Yourself from Financial Abuse

This topic looks at preventative strategies to protect yourself from being taken advantage of by those closest to you as you age and become more vulnerable. There were seventeen sessions delivered across the state over the year.

The issues involved are confronting and few people want to acknowledge that those closest to them might abuse their trust. The material presented focuses on prevention. Each session also gave the participants an opportunity to share stories of where abuse had occurred.

Protect Your Finances

Peer educators in the north and south of the state were trained in this topic during the year and the sessions were rolled out. Three sessions were held in May and June but there were many forward bookings for the next year. The session content is appropriate to a wide variety of audiences. The areas covered include scams, tips for pins and passwords, how and why to avoid being a guarantor and managing important documents.

Getting Connected

Funding Partner:
Be Connected

A successful Be Connected grant application resulted in funding for a new peer education program to help older Tasmanians to navigate the digital world. Peer educators will start to deliver sessions on this topic next year. Each session will aim to inform the participants about what devices are available to access digital networks and how to choose the device and access plan that best suits their needs.

- Training resources were developed and finalised.
- Peer Educators were trained in May 2018.
- A pilot information session was conducted at the Glenorchy Aged Care Forum in March 2018.

**NEW PEER
EDUCATION
MODULE –
BOOK TODAY**



**PROTECTING YOUR FINANCES
AS YOU GET OLDER**

ACTIVE AGEING

Funding Partner:
Department of Premier
and Cabinet

COTA was funded to deliver six Active Ageing projects following from the 2016/17 Active Ageing consultations, in which we provided comprehensive community feedback to inform the Tasmanian Government's Strong, Liveable Communities: Tasmania's Active Ageing Plan 2017-2022. These projects included: Liveable Communities, Digital Inclusion, Ageing Workforce, Age-Friendly Business, Active Recreation and Volunteering.

Liveable Communities:
A Liveable Communities Toolkit for Councils was developed with information about what Liveable Communities are and how to create one. This Toolkit runs alongside the Tasmanian Liveable Communities Facebook page that shares the latest research about Liveable Communities and what's going on in Tasmanian communities. COTA continues to provide individual support to Councils who are interested in implementing Liveable Communities.

Digital Inclusion:
Flyers with information about local digital literacy programs and support were developed for ten regions across Tasmania to help people learn how to use digital devices and get online.

Ageing Workforce:
An Ageing Workforce Community of Practice was established, including members from government, industry, consultancy and community to discuss current and emerging ageing workforce issues for Tasmanian businesses. Through the group, COTA aims to work with Tasmanian employees and businesses to plan for an ageing workforce and support older workers to work longer and happier. This includes the development of Ageing Workforce Resources to guide businesses to useful sources for support and information.

Thinking about getting online, but not sure how?

Getting online and being safe is easier than you think. Sometimes, the hardest part is simply knowing where to start!

Why go online?

- Keep in contact with friends, kids and grandkids
- Share photos and videos
- Pay bills easily from home
- Avoid queues by using businesses and services at home
- Share your interests
- Have fun playing games and testing your mind
- Watch your favourite TV shows, films, or the news whenever you want
- Learn something new

How can I learn?

Whatever your reason for going online, there are programs in your area to help you get there—whether **one-on-one** or **in a group**, and they can teach you how to do it **safely**.
Contact them to find out more!

Have a Home Care package?
You may be able to join and pay for a program through your package! Ask your service provider about your options.

Programs in the North West

Program	Digital Literacy Program
Location	LINC Tasmania, 6 Emu Bay Road, Deloraine
Phone	0417 120 671
Email	anne-marie.loader@education.tas.gov.au
Cost	FREE
Program	Introduction to iPad
Location	LINC Tasmania, 134-140 Nelson Street, Smithton
Phone	6478 9574
Email	burnie.linc@education.tas.gov.au
Cost	FREE

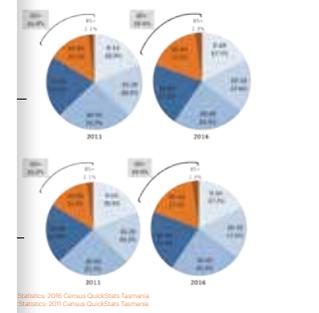


North West

LIVEABLE COMMUNITIES Toolkit

TASMANIA'S AGEING POPULATION - STATISTICS

The oldest population in 14% of the population aged 65 and a median age of 42 portion of the population aged 65 and over has increased by 3.4% from 2011 to 2016, compared to a 1.7% increase for the whole of Australia (14% in 2011 to 15.7% in 2016).



Statistics: 2016 Census QuickStats Tasmania, 2011 Census QuickStats Tasmania. Last updated: 30 August 2017

LIVEABLE COMMUNITIES Toolkit

WHAT IS A LIVEABLE COMMUNITY?

A liveable community is one that is safe and secure, has affordable and appropriate housing and transportation options, and supportive community features and services. Once in place, those resources enhance personal independence; allow residents to age in place; and foster residents' engagement in the community's civic, economic, and social life. (ANRP Policy Book, 2015-16)

A Liveable Community, also known as an Age-Friendly Community, supports people of all ages, backgrounds and circumstances to engage and participate in community life, and live safe and healthy lives. They provide safe, affordable and high quality choice in transportation, housing and services. They adapt structures and services to allow people of all abilities and ages to enjoy services and community features, live where they choose and increase their ability to access destinations. They recognise and act on issues such as health, wellness, safety, work, education, environment and social engagement to prevent or delay the onset of disease and enable all members of the community to live their best lives the way they want.

Why do we need Liveable Communities?

Liveable Communities benefit everyone. Liveable Communities benefit more than just older Tasmanians. By promoting healthy, supported and inclusive living, all members of community benefit, including families, people with different cultural backgrounds and people with disabilities. Liveable Communities also benefit councils and health and community services. Promotion of inclusive living through recreation, walkable infrastructure and community attitudes improves people's health and can reduce healthcare costs and social welfare. Increased opportunities for work as people get older encourages more people and families to remain in the area and pass skills on to younger generations, encouraging economic growth and sustaining local skills and knowledge. Tasmania's population is the oldest in Australia. Populations all around the world are becoming older as healthcare improves and fertility rates decrease. Tasmania is currently leading Australia in this trend with the highest proportion of the

Last updated: 2 August 2017

Age-Friendly Business:

The newest series of images for #RethinkAgeing featured Tasmanian customers and the businesses that value them, promoting positive attitudes towards older customers. An Age-Friendly Business toolkit was developed and will be trialled with Tasmanian businesses in the coming year to encourage businesses to adopt practices and principles that support customers of all ages.



Active Recreation:

- The #RethinkParks competition was launched at the end of 2017 to encourage Tasmanians of all ages to visit our national parks and reserves. Five #RethinkParks photos featuring older Tasmanians enjoying our parks won a free Parks Pass, with an overall winner receiving a gift voucher from the Running Edge. A brochure was released alongside this competition, providing low-cost ideas to get outdoors.
- COTA also worked with tourism businesses that offer Tasmanian Seniors Card discounts to promote their discounted activities during Seniors Week 2018, with a number of businesses registering events.
- Following the launch of #RethinkParks the Liberal Government, as part of their election commitment, announced free



national parks passes for all Tasmanian Senior Card holders for 12 months.

Volunteering:

COTA worked with Volunteering Tasmania to link interested volunteers to existing digital programs throughout Tasmania and support older people to learn online skills.

SENIORS WEEK

Funding Partner:
Department of Premier
and Cabinet

Seniors Week celebrated its 20th anniversary in 2017 continuing to grow in size and popularity. A partnership with Tasmanian Parks and Wildlife Service for our Getting Outdoors theme, lead to a hugely successful launch at Mt Field National Park.

- A record 606 events including several events designed specifically to suit the outdoors theme.

- Marketing strategies included promotional activities on Metro assets in addition to free travel on Metro and MerseyLink coaches.
- Implemented new strategies to more efficiently measure participant numbers – including printing the patron survey in official program.
- Successfully engaged with more community newspapers and radio stations (in addition to mainstream media) to boost awareness of Seniors Week, Seniors Week registration and the availability of the official events program.

AGED CARE KNOW HOW

Funding Partner:
Department of Health

Aged Care Know How is focussed on supporting people's choice to age at home by providing step by step information; giving people the "know how" to navigate the aged care system.

- Recruited and trained six peer support volunteers
- Development of 13 help sheets available online and in hard copy. The help sheets to navigate My Aged Care systems are being widely shared and are becoming conversation points in the community. They are available in community hot spots, council chambers, libraries and are of course available online.
- Nine community presentations reaching almost 300 people
- Fielded 80 calls, varying in complexity some requiring just 15 minutes of support but others up to 4 hours.

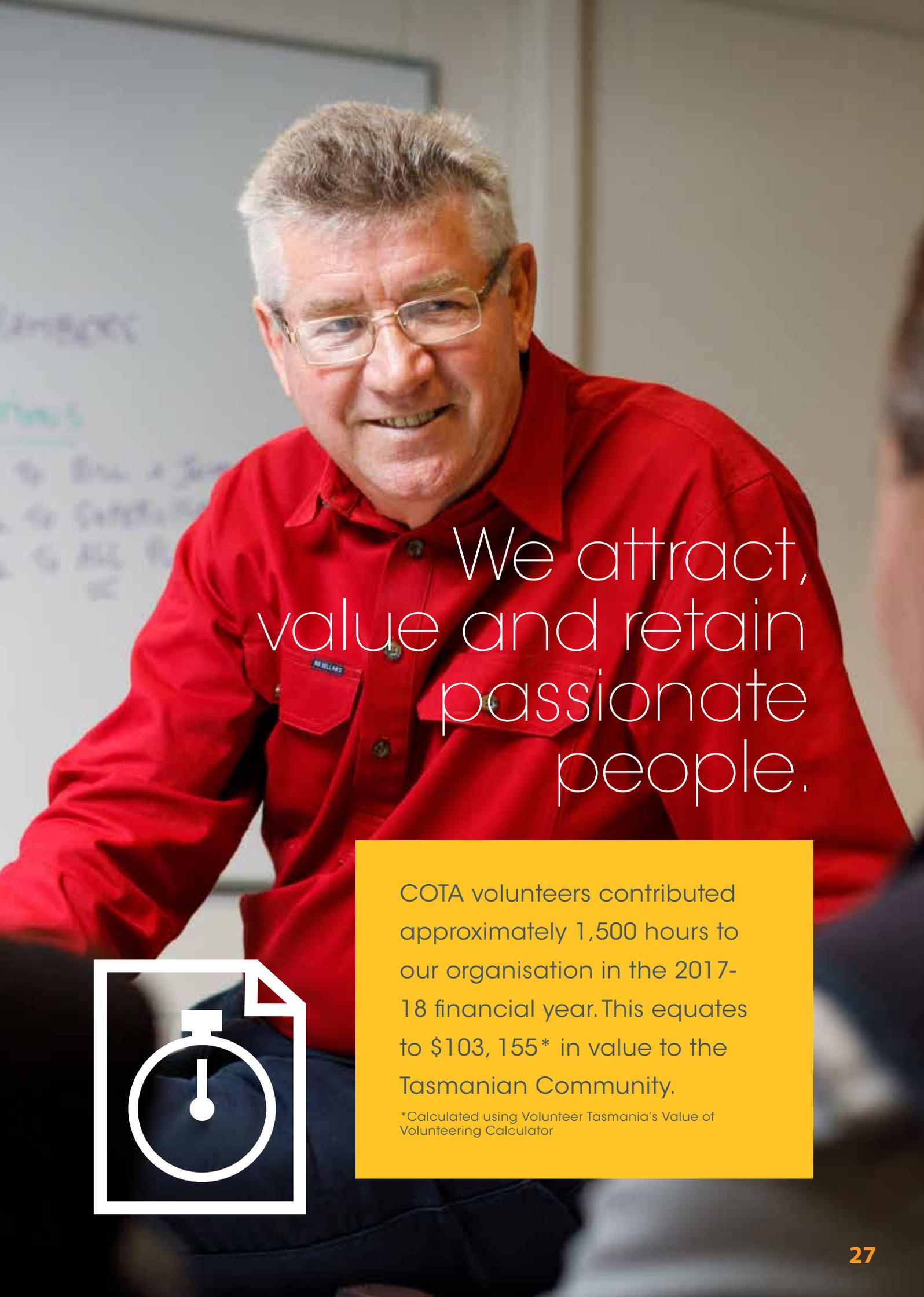


ELDER ABUSE PREVENTION

Funding Partner: Department of Health and Human Services

- In recognition of the importance of COTA Tasmania's Elder Abuse Prevention Program, an election commitment saw a renewed commitment to three-year funding starting in July 2018.
- 2017-2018 was a bumper year for COTA Tasmania's delivery of information sessions to staff and volunteers who work with older people in home and community settings. The volunteer support of former President Ian Fletcher was vital to this outcome, with approximately 190 people participating in the 17 sessions.
- This year, for the first time, COTA Tasmania organised a Walk Against Elder Abuse in Launceston as well as Hobart. With walks at both ends of the state, media coverage was outstanding. Now that the Launceston walk has been such a success, COTA and the Launceston City Council look forward to a bigger and better event next year.
- In Hobart, the participation of students from Ogilvie and Kingston high schools swelled numbers and produced a powerful energy.
- COTA Tasmania contributed to a range of policy initiatives and consultations. It helped organise an elder abuse symposium at Parliament House, and gave feedback on the draft National Plan on Elder Abuse and the review of the *Guardianship and Administration Act 1995*. It also had input into a community response to the abuse of older people arising from the 5th National Elder Abuse Conference.
- COTA Tasmania collected donations for elder abuse prevention programs.





We attract,
value and retain
passionate
people.

COTA volunteers contributed approximately 1,500 hours to our organisation in the 2017-18 financial year. This equates to \$103,155* in value to the Tasmanian Community.

*Calculated using Volunteer Tasmania's Value of Volunteering Calculator



PIECING IT-TOGETHER

Funding Partner:
City of Hobart

A successful grant application to the City of Hobart's Creative Grants round resulted in funding for our first inter-generational street art project. The Piecing It-Together Team were able to complete a 30 metre sport inspired mural in Ryde St, North Hobart in just six days.

- Recruited 12 participants for the project, 6 older and 6 younger ranging in age from 12 to 72 years.
- Received extensive media coverage including a live cross with ABC radio.
- 83% of the participants gave the experience a 5 out of 5 or excellent rating. A number of the older participants remarked that they felt 'privileged' to be involved.
- Produced a short video for social media thanks to the support of volunteers.

'It was really fun working with older and younger people.... it's fascinating how complete strangers can share the same ideas.'



Do you live in Hobart?

Do you have a passion for art?

Are you aged between 12-18 or over 60?

PIECING IT TOGETHER
Intergenerational street art project

WITH JAMIN

We are looking for participants for an **inter-generational street art project** working with the amazingly talented Jamin. The project will run during the Jan/Feb 2018 school holidays for a total of six days. If you enjoy working with others and would like to volunteer for this community project please contact the COTA office on **6231 3265** or email **admin@cotatas.org.au** for more information or an application form. No experience necessary.

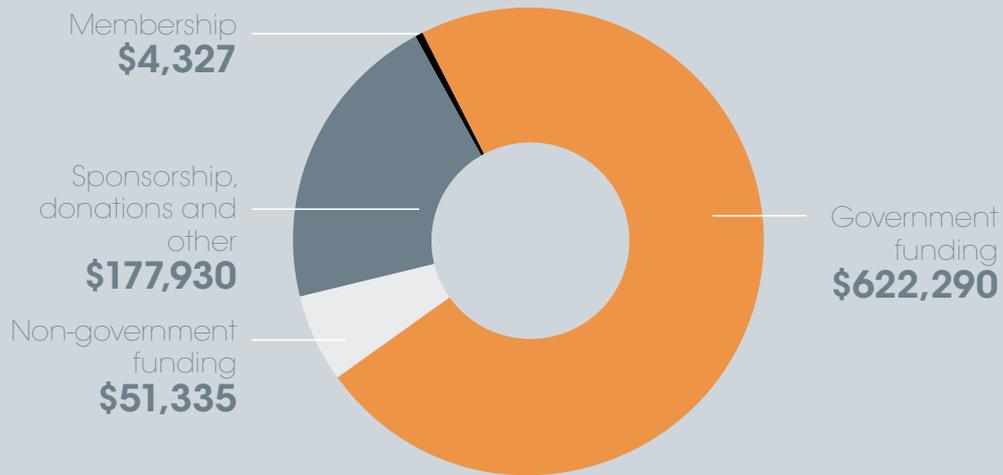
COTA
For older Australians

City of HOBART

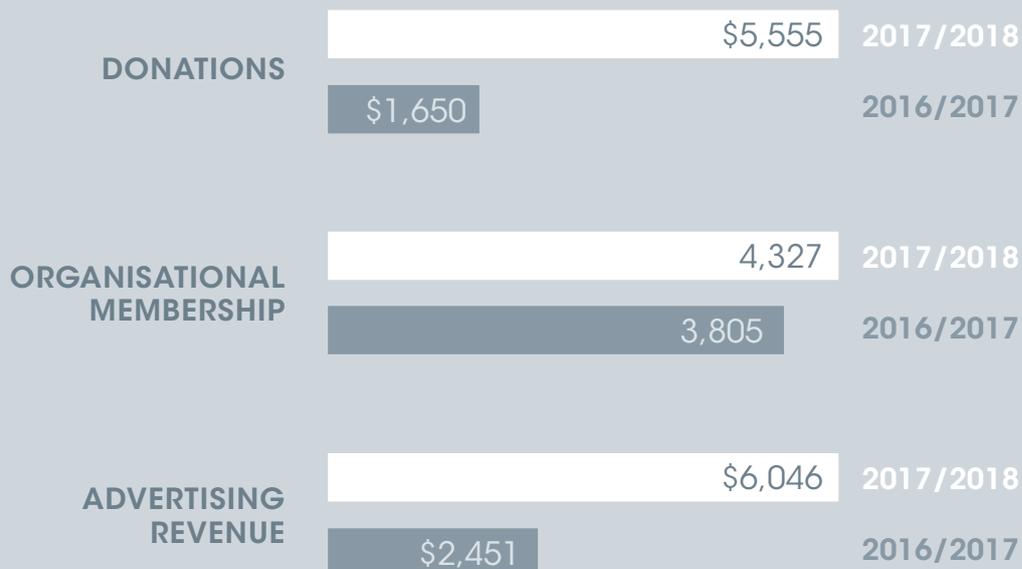
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COTA TAS Inc Financial Statements 2017/2018

SOURCES OF INCOME 2017/18



INCOME: AREAS OF GROWTH 2017/18



STATEMENT BY MEMBERS OF THE BOARD



COTA TAS
'Westella' 181 Elizabeth St
Hobart TAS 7000

www.cotatas.org.au
ABN 71 718 804 307

P: (03) 6231 3265
admin@cotatas.org.au

Financial Year Ending 30th June 2018

Statement by Members of the Board

In the opinion of the Board the consolidated balance sheet, profit and loss statement and the notes to the financial statements:

1. Presents fairly the financial position of the Council on the Ageing (Tasmania) Inc as at 30th June 2018 and its performance of the year ended on that date in accordance with Note 1 accounting policies.
2. At the date of this statement, there are reasonable grounds that the Council on the Ageing (Tasmania) Inc will be able to pay its debts as and when they fall due.

The statement is made in accordance with a resolution of the Board and is signed for and on behalf of the Board by:

President 

Philippa Roberts

Treasurer 

Rita Meaney

Dated this 18 day of September 2018.

Patron

 Her Excellency Professor the Honourable Kate Warner,
AM, Governor of Tasmania

BALANCE SHEET AS AT 30 JUNE 2018

	2018	2017
Current Assets		
Cash at Bank, on Hand	19,538	25,332
Bond	7,990	7,990
GST Due from ATO	7,548	5,764
Petty Cash	100	100
Term Deposits	170,410	167,577
Receivables	7,750	17,815
	<hr/>	<hr/>
TOTAL CURRENT ASSETS	213,336	224,578
NON CURRENT ASSETS		
Computers at Cost	15,934	15,934
Deduct Provision Depreciation	-12,853	-10,944
Motor Vehicles at Cost	32,229	32,229
Deduct Provision Depreciation	-11,081	-8,731
	<hr/>	<hr/>
TOTAL NON CURRENT ASSETS	24,230	28,489
	<hr/>	<hr/>
TOTAL ASSETS	237,566	253,067
CURRENT LIABILITIES		
Payroll Liabilities	8,968	10,966
Provision Employee Entitlements	62,463	62,584
GST Due to ATO	8,757	10,126
Unexpended Project Funds	56,210	66,918
	<hr/>	<hr/>
TOTAL CURRENT LIABILITIES	136,398	150,594
	<hr/>	<hr/>
NET ASSETS	\$101,168	\$102,474
EQUITY		
Accumulated Funds Brought Forward	102,474	135,768
Current Year Surplus (- deficit)	-1,305	-33,294
	<hr/>	<hr/>
TOTAL EQUITY	\$101,168	\$102,474

INCOME AND EXPENDITURE STATEMENT FOR THE YEAR ENDED 30 JUNE 2018

	2018	2017
INCOME		
Insurance Royalties	3,873	4,377
Advertising Revenue	6,046	2,451
Administration Services	140,659	146,445
Fundraising	0	3,611
Grants Funds:		
CDC		3,250
City of Hobart	500	15,000
DoH	122,273	120,704
DHHS	100,984	100,966
DPAC	399,033	358,135
State Growth	5,000	24,900
Tas Fire Service	18,150	16,000
Interest	2,849	2,690
Other Grants	27,685	9,859
Sundry Income	10,503	5,626
Membership	4,327	3,805
Sponsorship	14,000	13,500
	<hr/>	<hr/>
TOTAL INCOME	855,883	831,319
EXPENSES		
Advertising, Promotion	39,777	44,604
Audit, Accounting	2,000	2,025
Board, Conference, Annual Report	8,155	4,629
Cleaning	3,157	3,900
Client Support Services	3,439	10,778
Consultancies	32,259	4,604
COTA National, Australia Levy	19,151	22,524
Depreciation	4,259	3,830
Electricity	4,235	4,183
Employee Entitlements	49,806	43,958
Equipment, Consulting	1,563	1,237

**INCOME AND EXPENDITURE STATEMENT
FOR THE YEAR ENDED 30 JUNE 2017 (CONTINUED)**

	2018	2017
Fringe Benefits Tax	0	4,555
Individual membership	916	1,999
Insurance	6,876	7,675
IT Contract	4,788	5,872
Meeting Expenses	305	1,186
Motor Vehicle	5,286	5,220
Photocopier, Printing	10,266	7,711
Postage	10,472	9,546
Projects	140,659	146,445
Rent	46,463	44,744
Salaries	397,691	448,621
Staff Benefits, Development, Recruitment	12,532	6,908
Subscriptions	4,917	3,966
Sundry Expenses	565	2,063
Superannuation	41,418	44,449
Telephone, Facsimile, Internet	5,355	5,636
Travel, Accommodation	3,679	8,110
Volunteer Expenses	7,906	6,936
	<hr/>	<hr/>
TOTAL EXPENSES	867,897	907,911
	<hr/>	<hr/>
Operating Surplus (- deficit) for year	-12,014	-76,592
Deduct Unexpended Funds carried forward	-56,210	-66,918
Add Unexpended Funds brought forward	66,918	110,216
	<hr/>	<hr/>
Net Surplus (- deficit) for Year	-\$1,305	-\$33,294
	<hr/>	<hr/>

**STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 30 JUNE 2018**

	2018	2017
Cash Received from Operations		
Receipts from Grants	673,626	638,955
Receipts from other sources	257,456	270,599
Deduct Expenditure on Suppliers and employees	-934,044	-928,301
	<hr/>	<hr/>
Cash Deficit from Operations	-2,962	-18,746
	<hr/>	<hr/>
Net cash reduction for the year	-2,962	-18,746
Balance at start of year	193,009	211,756
	<hr/>	<hr/>
Balance at end of year	\$190,047	\$193,009
	<hr/>	<hr/>
Made up by:		
Cash at Bank	19,638	25,432
Deposit	170,410	167,577
	<hr/>	<hr/>
Total cash at year end	\$190,048	\$193,009
	<hr/>	<hr/>
Result for Year is reconciled to cash surplus from operations as follows:		
Operating Deficit for the year	-1,305	-33,294
	<hr/>	<hr/>
Changes in non-cash items		
Depreciation, Write-offs	4,259	3,830
Employee entitlements	-120	13,907
Payroll liabilities	-1,997	4,164
Unexpended funds	-10,709	-43,298
Sundry debtors	8,281	34,938
Sundry creditors	-1,370	1,009
	<hr/>	<hr/>
Cash Deficit from Operations	-\$2,962	-\$18,746
	<hr/>	<hr/>

NOTES TO AND FORMING PART OF THE ACCOUNTS FOR THE YEAR ENDED 30 JUNE 2018

1 STATEMENT OF ACCOUNTING POLICIES

(a) Basis of Accounting

This financial report is a special purpose financial report prepared in order to satisfy the financial report preparation requirements of the Associations Incorporation Act (TAS).

The Members of the Council have determined that the Council on the Ageing Incorporated is not a reporting entity.

The report has been prepared in accordance with the requirements of the Associations Incorporations Act (TAS) and the following applicable Accounting Standards:

AASB 1031: Materiality

AASB 110: Events After the Balance Sheet Date

No other applicable Accounting Standards, Urgent Issues Group Consensus Views or other authoritative pronouncements of the Australian Accounting Standards Board have been applied.

The following is a summary of the significant accounting policies, which are consistent with the previous period, unless otherwise stated, have been adopted in the preparation of this report.

(b) Changes in Accounting Policies

Accounting policies adopted are consistent with prior years.

(c) Principle Activities

The Principal continuing activity of the Council during the financial year has been to provide information and support for the Ageing in Tasmania.

(d) Income Tax

The company is exempt from income tax under the current provisions of the Income Tax Assessment Act and accordingly no expense has been charged or liability included in the accounts with respect to income tax.

(e) Plant & Equipment

Plant and equipment are brought to account at cost.

The gain or loss on disposal of all fixed assets is determined as the difference between the carrying amount of the asset at the time of disposal and the proceeds from disposal, and is included in net profit of the company in the period of disposal.

The depreciable amounts of all fixed assets are depreciated over their useful lives commencing from the time the asset is held ready for use.

Items of property plant and equipment other than freehold land are depreciated over their estimated useful lives using the straight line method of depreciation.

(f) Employee Entitlements

Provision is made for employee entitlement benefits accumulated as a result of employees rendering services up to the reporting date.

The amount provided in the financial statements for the payment of employee leave entitlements are included as current liabilities to the extent of the amount expected to be paid out within twelve months. Amounts not expected to be paid out within twelve months of balance date are treated as long term liabilities.

Contributions are made by the Association to an employee superannuation fund and are charged as expenses when incurred. The Association has no legal obligation to cover any shortfall in the funds obligation to provide benefits to employees on retirement.

(g) Revenue

Revenue from the provision of services is recognised upon the delivery of those services to customers.

Interest revenue is recognised on a proportional basis taking into account the interest rates applicable to the financial assets.

All revenue is stated net of the amount of Goods and Services Tax (GST).

(h) Investments

Investments are valued at cost, and interest is accrued on a daily basis.

INDEPENDENT AUDITOR'S REPORT

Max Peck and Associates

ABN 40 322 767 816

Principal: Rendell W Ridge B.Ec Registered Company Auditor #161503

Independent auditor's report

To members of the Council on the Ageing (Tasmania) Inc.

I have audited the special purpose financial report of the Council on the Ageing (Tasmania) Inc. for the year ended 30 June 2018.

Audit Opinion

In my opinion, the special purpose financial report of the Council on the Ageing (Tasmania) Inc presents fairly in accordance with applicable Accounting Standards and other mandatory professional reporting requirements in Australia the financial position of the Association as at 30 June 2018 and the results of its operations for the year then ended.

Management Committee's Responsibility for the Financial Report

The Management Committee is responsible for preparation and fair presentation of the special purpose financial report and information contained therein. This responsibility includes establishing and maintaining internal controls relevant to preparation and fair presentation of the financial report that is free from material misstatement, whether due to fraud or error; selecting and applying appropriate accounting policies; and making accounting estimates that are reasonable in the circumstances.

Auditor's Responsibility

My responsibility is to express an opinion on the financial report based on my audit. I have conducted my audit in accordance with Australian Auditing Standards to provide reasonable assurance as to whether the accounts are free of material misstatement. My procedures included examination, on a test basis, of evidence supporting amounts and other disclosures in the accounts, and the evaluation of accounting policies and significant accounting estimates. These procedures have been undertaken to form an opinion as to whether, in all material respects, the financial statements are presented fairly in accordance with Australian Accounting Concepts and Standards and other mandatory professional reporting requirements (Urgent Issues Group Consensus Views) (where applicable), and statutory requirements so as to present a view which is consistent with my understanding of the Association's financial position and the results of its operations and cash flows.

I believe that the audit evidence I have obtained is sufficient and appropriate to provide a basis for my audit opinion.

Independence

To the best of my knowledge and belief, there has been no contravention of auditor independence and any applicable code of professional conduct in relation to the audit.

Limitation of Scope

It is not practicable to establish complete accounting control over all transactions processed by the Association from all of its activities. Verification therefore has been limited to the transactions recorded in the Association's financial records.

MAX PECK & ASSOCIATES



Rendell W. RIDGE
10 September 2018

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